Nutrition Facts

Serving Size 1 order 218g (218 g)

Amount Per Serving

Calories 410 Calories from Fat 170

	% Daily Value*
Total Fat 19g	29%
Saturated Fat 7g	35%
Trans Fat	
Cholesterol 70mg	23%
Sodium 890mg	37%
Total Carbohydrate 37g	12%
Dietary Fiber 2g	8%
Sugars 8g	
Protein 24g	

Vitamin A	6% •	Vitamin C	15%
Calcium	10% •	Iron	30%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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