Learning Skills Rubric Self-regulation

Description of Criteria and	Level 4	Level 3	Level 2	Level 1
Indicators	Excellent	Good	Satisfactory	Needs
				Improvement
	I always	I usually	I	I rarely
	show	show	occasionally	show
Use of tools and equipment	knowledge	knowledge	show	knowledge
	and respect	and respect	knowledge	and respect
	for classroom	for classroom	and respect	for classroom
	tools and	tools and	for classroom	tools and
	equipment.	equipment.	tools and	equipment.
	I always	I usually	equipment.	I rarely
	apply	apply	I	apply
	standard	standard	occasionally	standard
	industry	industry	apply	industry
	practices	practices	standard	practices
	when using	when using	industry	when using
	tools and	tools and	practices	tools and
	equipment to	equipment to	when using	equipment to
	prepare and	prepare and	tools and	prepare and
	serve food	serve food	equipment to	serve food
	and clean up	and clean up	prepare and	and clean up
	afterwards.	afterwards.	serve food	afterwards.
			and clean up	
			afterwards.	
Following Standardized	I always use	I usually use	I	I rarely use
Recipes	metric, US	metric, US	occasionally	metric, US
	customary,	customary,	use metric,	customary,
	and British	and British	US	and British
	imperial	imperial	customary,	imperial
	measuring	measuring	and British	measuring
	tools	tools	imperial	tools
	correctly	correctly	measuring	correctly
	when	when	tools	when
	following	following	correctly	following
	standardized	standardized	when	standardized
	recipes.	recipes.	following	recipes.
			standardized	
			recipes.	

Food preparation	I always apply food preparation methods appropriately and correctly.	I usually apply food preparation methods appropriately and correctly.	I occasionally apply food preparation methods appropriately and correctly.	I rarely apply food preparation methods appropriately and correctly.
Sanitation & Safety	I always adhere to proper sanitation and safety practices.	I usually adhere to proper sanitation and safety practices.	I occasionally adhere to proper sanitation and safety practices.	I rarely adhere to proper sanitation and safety practices.
Standards of Safety and Conduct	I always show knowledge and respect for classroom safety.	I usually show knowledge and respect for classroom safety.	I occasionally show knowledge and respect for classroom safety.	I rarely show knowledge and respect for classroom safety.
Hygiene and Kitchen Uniform	I always come to class clean and prepared; wearing my apron, chef hat or hairnet, closed-toed shoes, and safety goggles or gloves as needed.	I usually come to class clean and prepared; wearing my apron, chef hat or hairnet, closed-toed shoes, and safety goggles or gloves as needed.	I occasionally come to class clean and prepared; wearing my apron, chef hat or hairnet, closed-toed shoes, and safety goggles or gloves as needed.	I rarely come to class clean and prepared; wearing my apron, chef hat or hairnet, closed-toed shoes, and safety goggles or gloves as needed.